

## DEFECTS IN SCIENTIFIC RESEARCH OF THE PROBLEMS OF SPIRITUAL AND MORAL CRISIS AND ITS SOLUTION

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### ABSTRACT

This article describes how the fields of spirituality and culture can affect human psychology. It also discusses the problems that exist in the system of spirituality and values. In today's advanced world, people's mental health depends on its spirituality and value.

**Key words:** spirituality, human, patriotism, globalization, technology, behavior, personality, culture, moral, crisis, relationship, civilization, scientific work, youth, contradictory appropriate, community, scientific predictions.

### INTRODUCTION

Spirituality plays a special role in the historical development of nations and peoples and serves as the basis of their existence, human qualities, place and responsibility in the social space. So, today the spiritual integration in the system of socio-political relations considered as an important factor in solving problems of the national, regional and global issues. In essence, this issue, reflecting the spiritual and moral crisis and its globalization, which arises because of the contradiction of socio-economic, political, cultural enlightenment, as well as ideological development, creates problems related to youth. If it is not resolved quickly, the possibility of the collapse of civilization of society and culture is of concern to all experts, and requires in-depth scientific research in this area.

We all know, that the international community admits, that the best way of studying and preventing of all global problems (poverty, illiteracy, technical dependence, the effects of foreign ideas, to go away from the feelings of patriotism, employment and unemployment, migration and etc.), associated with youth, is to enhance the spirituality of youth, to educate in accordance with universal and national-spiritual values. Indeed, humanity is now realizing that these problems can be solved only through the development of spirituality.

### MATERIALS

Many researchers viewed globalization as a positive phenomenon that removes barriers to free trade and integrates the entire national economy, because in the early stages of the globalization process they could not better understand its essence. Anthony Giddens says, "The result of the current changes has been the emergence of new global trade networks - forms of economic exchange that connect countries and companies. Typically, such alliances unite very large regions of the earth and enter into economic competition with each such block. In 1992, trade liberalization within the European Union led to the emergence of the largest trade zone in the world. It now attracts nearly 324 million people. In recent years, it goes further," he said. Today, however, it has become clear, that this globalization is a phenomenon that benefits only developed countries and brings crisis to developing countries, especially the very poor. The Russian philosopher I.I. Belyaev commented on this, saying that "... globalization can have a negative impact on the socio-spiritual life of other countries- he admits.[2]

The realities of the 21<sup>st</sup> century, "civilizational integration", "mass culture" show that the relationship between people, nations, peoples, states, and the views, concepts and ideas of mankind in general about the spiritual life is very complex and even, in some cases, contradictory.

Indeed, it is no secret, which one of the issues of concern to experts and the public in the study of the impact of modern civilization on the education of young people is the "mass culture". [1]

There were developed various scientific and theoretical concepts for solving these problems, and by the time, most of them are remaining their importance and being increased in priority.

So, firstly, in the last years of the 20th century and in the beginning of the 21st century, there were arisen the multipolarity and ideological pluralism, "global trading networks", "civilizational integration", "mass culture" and requires to function as a vast, interacting world system that operates based on a unity of dialectical interactions and contradictions.[1]

Secondly, the laws and principles of this process, according to some experts, "lead to the emergence of a global economic and cultural space and the emergence of a single human community on a global scale ..., the creation of a single global space for information exchange, a new form of human civilization..." is the basis for the assumption. In fact, we all understand that we must live without forgetting that the existence of cosmopolitan approaches and goals, independent states with a long history, rich national values and a great future, can threaten the future and the future of young people.[1]

Based on this contradictory point of view, studying in depth the issues related to the spirituality and culture, consciousness and thinking of young people, to create an isolation mechanism that can protect them from today's external conditions is becoming a requirement of the time and remains as the main factor determining the spiritual life and development of the state and society.

Therefore, we think it is appropriate to pay attention to the following in the current research work in this area:

- firstly, in the current era of growing technogenic culture, special attention should be paid to education so that young people do not become "slaves of technology" (especially mobile phones, computers, etc.), as well as the formation of immunity against information attacks (child) (1+4), it is expedient to achieve targeted and effective cooperation of parents + educational institution + community + non-governmental and non-profit organizations:[1]

- secondly, the development of a rational mechanism that covers the sphere from pre-school to higher education and reflects the laws of general development, while the system is absolutely free from reporting or statistics in any case, to cover the whole situation in a transparent manner, it is necessary to be able to openly analyze and interpret the factors of origin without censorship, to show to the responsible persons the motivating factors that cause the problem, the mechanism and effectiveness of overcoming this problem;

- thirdly, the scientific research carried out by experts in the field to achieve this goal should be free of subjective factors, that is, focused on the development of the objective state and society, to solve existing problems and issues, productivity, and most importantly, scientific predictions demonstrate and be able to forecast efficiency (short and long term);

- fourth, the research in this area is important and useful for the state and society, generalizes a wide and comprehensive enough modern and classical theories, comparative analysis, each theory is perfectly reconsidered, taking into account the historical and ethnopsychological features of the nation. It is necessary to

reflect the scientific and practical factors of the social transformational phase, which, when developed, has a mechanism of absorption on a large scale to all age groups (short and long term);

- fifth, it is time to abandon the work of scientific research, which is done for only getting some scientific degree, that related to the education and upbringing, spirituality and culture, consciousness and thinking, worldview of young people, which is and remains an acute problem for our society. In this regard, the scientific councils and research institutes of higher education institutions of the republic should provide necessary instructions to young researchers conducting research, support worthy young people with scientific abilities, remove any artificial barriers that negatively affect their scientific and creative activity. The action taken is the first and foremost step in overcoming existing problems.

In a word, today, youth spiritual and moral crisis factors based on the spirit of modern scientific research at the above proposals focus on eliminating the shortcomings in this area would not dvalat and scientific research community, as well as universal benefits, targeted research is aimed at would be recognized.

### Methods

Questionnaire was conducted and an empirical analysis was conducted to develop how the culture of activism popular among young people today affects human spirituality and morality.

The purpose of the study was to determine the views of young people on mass culture and ethics and the extent to which mass culture affects them today.

**General Information** - A survey to determine the knowledge of young people about mass culture was conducted in 2020 in Chirchik among 40 students in grades 10-11.

### RESULTS

We used a 15-question questionnaire to determine the perceptions of today's younger generation about the mass media. We can see that the students answered the first question as follows. Where can young people learn about "mass culture"? 80% of respondents answered "from the Internet", 5% - "from the press", 15% - "from close friends". The second question is: how knowledgeable do you think you are about "mass culture"? 5% of respondents reported "high level", 35% "low level" and 60% "medium level". This shows that the majority of respondents know about mass culture through the Internet and have an average level of knowledge about it.

The attitude of the respondents to "mass culture" is as follows: 55% of respondents answered "positive", 20 "negative" and 25% - not interested.

The analysis of the results shows that 10% of respondents "live an independent lifestyle", 35% "do not depend on others", and 55% of participants "dress according to their wishes." In conclusion, most of the students tried to connect mass culture with free dress. Respondents answered the question about the impact of mass culture on society as follows. 52.5% "strong", 45% "average" 2.5% respondents answered "no effect". Below we present to you the general results of the respondents' answers to all 15 questions on the basis of the table:

№	Questions	Answer A	Answer B	Answer C
		Answersgivenin%	Answersgivenin%	Answersgivenin%
1	Where can young people get information about "mass culture"?	Internet	thepress	closefriends
		80%	5%	15%

2	How knowledgeable do you think you are about "mass culture"?	at a highlevel	lowlevel	moderately
		5%	35%	60%
3	What do you know about "mass culture"?	I knowwell	I donotknow	I neverthought
		35%	30%	25%
4	What is your attitude to "mass culture"?	Positive	negative	I'mnotinterested
		55%	20%	25%
5	Most of the time I get information about "mass culture" .....?	from a featurefilm	fromtheinternet	Fromthedia
		15%	60%	25%
6	My perception of "mass culture"?	positive	negative	I donotknow
		30%	15%	55%
7	"Massculture" I think .....?	Notneed	should be based on the requirements of the time	Itisnecessary
		20%	65%	15%
8	I think the attitude towards "mass culture"?	everyonedependsonthemselves	depending on the public impact	associatedwithageperiods
		50%	30%	20%
9	What do you think society can get from "Mass culture"?	independentlifestyle	not to be dependent on others	free style of dress at will
		10%	35%	55%
10	Which of the following do you point out as the negative aspects of "mass culture"?	to live freely in a relationship between a man and a woman, living together without marriage	the fact that young people do not listen to the advice of adults and people forget about the way of life in accordance with religious values	Western lifestyles, eating habits, walking and dressing are becoming imitations
		75%	22.5%	2.5%
11	In your opinion, what is the impact of "mass culture" on our society ?	Strong	average	the effect is not noticeable
		52.5%	45%	2.5%
12	In your opinion, what are the consequences of the assimilation of elements of "mass culture" into nationalism?	seductive scenes take root in our television and national movies	the shyness between parent and child rises	It seriously undermines the stability of the family
		25%	45%	30%
13	What can be cited as the reason for the immorality of our youth?	inspired by the fact that members of other cultures have more freedom than they need	lack of sincere communication between children and adults	that adults do not call young people to strict discipline
		45%	30%	25%
14	What determines your style of dress?	I do not imitate anyone	in accordance with our national values	depending on the style of dress of the protagonists in foreign series and films

		65%	25%	5%
15	Who are your role models in your career?	myparents	Well-known artists	noone
		90%	2.5%	7.5

## DISCUSSION

The process of globalization, first and foremost affect the human mind. The negative effects of globalization motivate man to defend only his own self- interest. As a result of the globalization of human dignity, kindness, faith, religion, national concepts, such as endangered. For example , people become a kind of instinct child care due to Western outlook - for parents, especially mothers, to set up his own life to think" his life and living conditions in the country . In conclusion, we can say that the process of globalization, we can not evaluate as either negative or positive. Each discovery, innovation , both negative and positive aspects, such as two different nature of the process of globalization. There are two kinds of positive qualities to expand, we need to avoid the negative consequences. To do this, first of all young people in advance, that is, the need to foster families, kindergartens, schools. It can be concluded from the dissertation that in the era of globalization, the concept of mass culture is interpreted differently by young people. Some of our young people have not yet formed a full worldview about the pros and cons of mass culture. At the same time, much of the information about mass culture comes from the Internet, which makes it easier for young people to be directly exposed to information attacks. Therefore, first of all, we can form a culture of information consumption in young people, as well as the skills of information analysis. We can build immunity in young people by widely promoting our national values and traditions.

## CONCLUSION

In conclusion, paying attention to the above proposals in the scientific research of the factors that cause the spiritual and moral crisis in today's youth in the spirit of the times, would not only overcome the existing shortcomings, but also would have been recognized as a purposeful scientific work focused on the general interest.

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