

MAN AND PERSON FAMILY SPIRITUALITY**Mukhtorova Tutikhon**

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ANNOTATION

The family is the school in cultivating the individual into a harmonious human being. The whole work in the field of education has been successfully carried out without a strong connection with increase, expand educational advocacy among parents active school assistants, out-of-class and out-of-school students. It is necessary to turn them into useful organizers in all respects in their work.

Keywords: *Spirituality, human, educational, parents, child, society.*

Spirituality is a human trait. Only when there is spirituality can a child be given the great and honorable name of Man. But spirituality is not innate. It is formed and developed in the family only as a result of life experience. That is why the First President I. Karimov, focusing on the social essence of spirituality, puts forward a deep philosophical thought: Indeed, spiritual perfection begins with the content of God in the cradle, with dressing the child and feeding him with an honest bite. As our wise people say, a child should be brought up before he is born, and parents and the whole family should start together. Everything in the universe is created in pairs. Living as a couple is a law of nature, but living as a family is unique to human beings. The family is the first and foremost unit of society. Society is made up of these little particles. The third world, which is the union of two living beings, two worlds, is a family. The family should be based on purity and chastity, mutual love and devotion. This is an important factor for the upbringing of children. The spirituality of a person, his worldview, the set of skills for his beliefs are formed mainly in the family. Therefore, the role of family spirituality in the upbringing of young people is invaluable. The role of the family in the upbringing of a spiritually mature person is enormous. In fact, the family is an integral part of society. All the processes that take place in society have a direct impact on the family, on people's lifestyles. Everyone in the family is nourished by the sources of spirituality from an early age. First of all, the role of parents in the family, the relationship with other family members is a school for the child. The relationship between family members should be consistent with the process of interaction between members of the community, regardless of the system.

Relationships between members of society are defined and governed by laws, rules, and discipline, and this is reflected in the family. Parents and older people have a special role to play in managing family relationships. One lives under the influence of the family all one's life. It not only builds individual and social skills, but also builds parenting skills to build relationships. The family is a key factor in shaping one's spirituality. Traditions and customs that have been passed down from generation to generation for centuries are continued in the family and are passed on to each member of the family. For example, mutual respect in the family is ingrained in everyone's blood. And again, these would mean that you have to spend for these processes. Their respect must be restored. There are traditions, such as putting young adults in the net, blessing them, putting their hands on the table first, or listening to an older person speak, which should be done by each family member. Traditions such as respect for parents and respect among other family members are the cornerstone of the Uzbek family.

In order to raise family spirituality, the fact that each member of the family as a person has a certain spiritual world is based on the relationship between them. The spiritual qualities of the father and mother in the family determine the level of humanity and morality of the Eastern traditions of marital relations. It is important that the spiritual world of the family embodies such spiritual values as mutual respect, esteem, cooperation,

tolerance, kindness, compassion, kindness, tolerance, humanity, nobility, respect for adults, respect for the little ones. Respect for and adherence to such values in the family creates such a spiritual environment in the family. This is very important in the formation of the heart and consciousness of the younger generation. On this basis, conditions are created for the full realization of the talents and potential of each family member. As a result, the family is formed as a place of spirituality.

Family upbringing is a stage of the universal process, which later serves as the basis for the enlightenment and life lessons that you will receive throughout your life. Every parent must understand their responsibilities, try to fully comply with all the features that ensure the stability of the family, understand its tasks and objectives.

As noted by President Shavkat Mirziyoyev in his speech at the IV Congress of the Kamolot Youth Social Movement, "Today it is becoming more and more widespread in our country. The call to "take care of your own child" should not only be a dry slogan, but also a practical action that should penetrate deep into the hearts of every parent and every citizen. I think it's time to strengthen this issue, that is, the responsibility and duty of parents for the upbringing of children on a legal basis. "

Indeed, every parent is responsible for the upbringing of their child. An important condition for the upbringing of our children is that families are built on a strong, spiritually sound foundation, especially if the parents themselves are brought up. Parents are today's teacher of their child. Because a child's interest in learning a language and reading begins with the family. Today, in order to protect our children from all the evils that alienate them from humanity, it is necessary to motivate them to study and read books. Every parent should feel responsible for the upbringing of their child at every moment.

Only when there is a healthy environment in the family, they will form a healthy, well-rounded person. The role of family spirituality in the upbringing of young people, especially in the upbringing of the next generation, who are physically strong, mentally healthy, have a universal culture, high level, modern knowledge and profession, is special.

It is noteworthy that in the works of our great thinkers on family education, in our holy books, he expressed his own views. In particular, the Islamic teachings on the upbringing of children are as follows: "In Islam, upbringing is superior and comprehensive than education. Because upbringing brought up a child to work hard at home, on the street, at school, to behave wisely, to control his body and soul. The basis of upbringing is the family environment. The child grows up imitating what he sees at home. In the family, the father should be generous, calm, thoughtful and a little more political, and the mother should be kind, compassionate, not cursing her children in vain and gentle.

Parents are also responsible for the upbringing of our children with healthy faith and physical strength.

We recommend the following social, pedagogical, psychological, spiritual and cultural criteria in deciding on a healthy environment in the family:

- Achieving the formation of a positive attitude of young people to sports, including family sports;
- Achieving the rational organization of life activities and the formation of reproductive culture in children;
- To study and widely promote the unique traditions and values of our people as a key factor in a healthy lifestyle in the family;
- Enhancing the responsibility, capacity, literacy, pedagogical and psychological capacity of parents, the unity of family and social upbringing;

- To bring up a spiritually and physically mature generation in the family, to prepare young people for family life, to equip them with the secrets of modern professions;
- Achieving the formation of a common cultural worldview of children in family relationships.

CONCLUSION

In the formation of the student's personality, a number of methods can be used to implement family, school cooperation. To do this, first of all, to strengthen the focus on education in the family and school, to effectively implement the laws and documents adopted by our government in this regard, the activities of the family, school cooperation has its own pedagogical system, methods and forms. must be The events are thorough in all respects, so that the participants can be pedagogically and psychologically integrated logically deep, interesting and visual, impressive, popular, practically short and concise, aesthetically wide and in line with their interests and aspirations.

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