

**THE MODERN SOCIAL AND PEDAGOGICAL NEED TO INCREASE THE  
COMMUNICATIVE COMPETENCE OF FUTURE PHYSICAL CULTURE  
TEACHERS**

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**ANNOTATION**

The article analyzes the current state of development of communicative competence of future physical education teachers, the problems in this area, shortcomings, ways to overcome them. Also, in the professional pedagogical culture of future physical culture teachers are studied interpersonal, intergroup and collective, social forms of communication, their specific features.

**Keywords:** *education system, content of education, pedagogy, physical education, physical fitness, physical culture, students, professional pedagogical culture, communicative competence, speech culture.*

**Аннотация:** Мақолада бўлажак жисмоний маданият ўқитувчиларининг коммуникатив компетенциясини ривожлантиришни мажбур ҳолати, бу борадаги муаммолар, камчиликлар, уларни бартараф этиш йўллари, таҳлил қилинган. Шунингдек, бўлажак жисмоний маданият ўқитувчиларининг касбий педагогик маданиятида мулоқотнинг шахслараро, гуруҳлараро ва жамоавий, ижтимоий шакллари, уларнинг ўзига хос хусусиятлари тадқиқ қилинган.

**Калит сўзлар:** таълим тизими, таълим мазмуни, педагогика, жисмоний тарбия, жисмоний баркамоллик, жисмоний маданият, талабалар, касбий педагогик маданият, коммуникатив компетенция, нутқ маданияти.

**Аннотация:** В статье проанализировано современное состояние развития коммуникативной компетентности будущих учителей физической культуры, проблемы в этой области, недостатки, пути их преодоления. Также в профессиональной педагогической культуре будущих учителей физической культуры изучаются межличностные, межгрупповые и коллективные, социальные формы общения, их особенности.

**Ключевые слова:** система образования, содержание образования, педагогика, физическое воспитание, физическая подготовка, физическая культура, студенты, профессионально-педагогическая культура, коммуникативная компетентность, культура речи.

It is important to ensure the spiritual and physical perfection of young people in the world, to form a healthy life, physical culture through exercise, that is, sports, a socio-pedagogical phenomenon that has been tested for centuries. Because sport is one of the factors that create ample opportunities for everyone to form a healthy lifestyle, regardless of nationality, race or religion.

Particular attention is paid to the integration of social and economic spheres in foreign countries, the formation of their physical culture in education, the formation of practice in improving the educational process and strengthening the scientific and methodological base in this area.

In education, the use of methods aimed at ensuring quality and learning best practices, such as methods that reflect the characteristics of the mechanisms that shape and develop students' physical culture, a system of balancing indicators, overall quality management, quality assurance, key performance indicators, continuous quality improvement.

One of the main tasks in the context of reforms in the field of education in Uzbekistan is to improve the health and physical culture of the younger generation. The new model of education aims not only at the formation of knowledge, skills and abilities in students, but also at the formation of their physical culture, more precisely, first of all, the development of a whole physically healthy person. Therefore, President Sh. Mirziyoyev notes the following: "We will continue to attach great importance to the rapid development of sports, the encouragement and support of athletes who have achieved high results in international competitions" [1].

Although the directions for improving the education system are clearly defined today, it can be observed that in recent years the number of adolescents and young people with low levels of physical and mental health has been increasing. The pedagogical science and education system of our country has a strategically important task, which is to create all the conditions for education to contribute to the preservation and development, not to disrupt the health of schoolchildren and students. In this case, the social and pedagogical significance of the formation of a culture of health, which prepares students for the realization of their dreams in life, is growing.

Man, his harmonious development and well-being in all respects, the creation of conditions and effective mechanisms for the realization of the interests of the individual, the change of outdated patterns of thinking and social behavior are the main goal and driving force of reforms in the republic.

Students are a group with a special character, suffering from various diseases, more susceptible to the effects of adverse environmental factors than other social groups of the population. They are also characterized by varying degrees of physical fitness. Students are considered to have different levels of physical fitness and physical development in quantitative terms.

The results of the analysis of the existing scientific and methodological literature testify to the fact that in recent years there has been an increase in the number of students with different levels of physical fitness. Future physical culture meets the requirements of a culture of communication, the ability to present information clearly and fluently to students, the ability to give the right advice and suggestions to colleagues, the transparency of assessment, the expression of desires, the correct use of verbal and non-verbal means of communication. understanding, aesthetic, ethical, communicative needs.

These requirements are, first of all, cultural and communicative qualities that are very important in professional and pedagogical activity - emotional culture, beliefs of students, their influence; motivation; professional development; theoretical knowledge and awareness of the structure and technology of communication (creative approach to them); to know the psyche of the interlocutor; pedagogical cooperation and interpersonal interaction; mastery of pedagogical tact; pedagogical communication techniques; is reflected in the expression of speech culture and non-speech means of communication.

The peculiarities of the culture of pedagogical professional communication of the future teacher of physical culture are characterized by: in developing his physical qualities and abilities to the optimum level; in paying attention to the beauty, plastic freedom and health of the human body (due to active participation in physical education); in the perception of certain forms of achievement in physical education and sports, such as aesthetic phenomena;

In sports, aesthetics has a high value of beauty, in which this sporting event "manifests itself as a value of the individual in its specific emotional integrity, contributes to the full development of the individual, expanding the boundaries of his freedom, individuality" and reveals his hidden intellectual and creative potential.

Prospective physical education teachers need to know professional communication, be physically and mentally educated, and have the ability to engage students in sports in the future. Sports and aesthetics, sports and ethics, sports and communication, sports and culture, sports culture and personality development - pedagogical culture in practice - understanding, comprehending and integrating future physical culture teacher communication are complementary and inseparable concepts.

In the process of forming a future teacher of physical culture, it is especially important that the beauty in sports, that is, its own beauty, incarnation, high arousal in pedagogical activity, leave deep impressions and evoke unforgettable emotions.

## **CONCLUSION**

1. "The communicative component of pedagogical communication serves to coordinate the positions and tasks of the dialogue participants. In the early stages of education, students do not have enough knowledge and experience to interact and build relationships with teachers and classmates. In this process, the teacher becomes a carrier of historical experience. Today, there is a need to enrich the experience of teachers in providing information to students. This requires teachers to activate their knowledge and experience in establishing pedagogical communication with students
2. In the professional pedagogical culture of future physical culture teachers, special attention should be paid to interpersonal, intergroup and collective social forms of communication:
  1. Interpersonal - assessment and description of each other by interlocutors on the basis of perception, knowledge, understanding, empathy.
  2. Intergroup - communication between social groups. Taking into account the specificity of intergroup perception, the subjects and objects of communication, the interaction of groups, as well as the type and content of joint intergroup activities are taken into account.
  3. Collective, public relations - is built on the basis of a cohesive, value-oriented unity of team members.
  4. Today in the teaching of physical education and sports in higher education institutions it is necessary to take into account the development of students' communicative competence, specialization, the application of new methods and tools of teaching in the teaching process.

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