

**THE FAMILY – AS A PLACE FOR THE FORMULATION OF SPIRITUALITY  
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**ANNOTATION**

The article discusses the role of the family in society and national values. Important aspects of the Uzbek family are covered scientifically.

In this sacred land, human being is reflected as the greatest blessing of nature. Human being, he possesses great qualities such as intelligence, sound judgement, and through education man nourishes and develops these qualities. "Humanism is an integral quality of the national psyche of the Uzbek people. Cruelty and violence are the qualities not to be found in his nature. Our people have undergone many things during its rich millennial history - culture, science, rejoiced in the achievements of their statehood, suffered from conflicts, the complications of strangers, lost their best sons and daughters. But neither the game of history, nor the brutal wars, nor the natural disasters, nor the famine have tarnished the human nature of our people. Today, the Uzbek family is full of goodness and light, love for children, respect for adults, sympathy for the grief of loved ones and others". Such nobility, generosity and humanity are ingrained in the blood of the Uzbek people. The qualities that are reflected in the above-mentioned human personality are formed, first of all, in the family. After all, a country where families are strong and prosperous will be strong and prosperous. We know that when a child is born in a family, the first people he sees are his mother, father, brothers and sisters. The love of relatives is instilled in the child from infancy. The parent is the complete source of care and guidance for the child, and the child listens confidently to their advice and upbringing. The child looks at the parent with special confidence. The heart of a child is a picture of a family. It reflects the inner essence of the family. If the parents are selfish, careerist, greedy people, they can hide these flaws from their friends who see them once a month. But it is extremely difficult to hide from their children.

The child becomes very curious and very imitative at a young age. During this period, it is important that parents and other family members have a cross-cultural, good human relationship. Being industrious and national traditions play an important role in the upbringing of children in the Uzbek family. Respect for elderly in particular is an important characteristic of the Uzbek people. Another positive quality of the Uzbek family is caring after the ones younger your age.

The more a parent cares for a child in the process of family upbringing, the more this quality will be manifested in the child. That is, the elder child always helps the younger ones in the family, feels responsible for his siblings. It should be noted that the main features and characteristics of the moral, spiritual, spiritual image are instilled in the child in the family environment. The earlier a person begins to build his content, the faster he or she will socialize. Therefore, upbringing should not be delayed for a minute, because "it will be easier to bend the branch at an early stages of the development." In the upbringing of a child in the family, methods such as persuasion, explanation, exhortation, example, exercise, encouragement, reprimand, punishment, pitching are used. When there is harmony, kindness, mutual respect, sweetness, care for each other in the relationship between parents, these qualities have a positive impact on the upbringing of the child. If the intellect, interests and abilities, needs and inclinations, aspirations and desires, perseverance and intelligence of family members

are similar to each other, then that will solidify the unity of parents, a harmonious marriage, and a solid interpersonal relationship.

In order to build a strong family environment, it is necessary, first of all, for the heads of families to understand each other, to live in unity and harmony in the purpose and function of upbringing, to be close, to be inextricably linked, and to be able to resolve conflicts. It should be noted that in an Uzbek family, the equal treatment of parents, whether they are boys, girls, firstborns or younger children, increases the effectiveness of education. That is why it is important not to pamper children too much, to form the character traits of boys and girls through the example of wonderful people. The book of the first President of Uzbekistan Islam Karimov, entitled "Serving for the happiness and great future of our country - the highest happiness" contain the following thoughts: "In this world, every person, every family lives to achieve their sacred dreams and aspirations. If every family works together on the path of its purpose, it will surely be achieved. Today, our people live with such intentions." Of course, one of the most sacred dreams of every parent is to have a child, to bring him up in a well-developed way, to bring him up as a mature person with a good profession, and a beautiful heart.

No matter who the person is, first of all, humane qualities, warm attitude towards people, mutual respect, in a word, humane upbringing in the family is superior to any upbringing. Humane upbringing in the family requires parents to have special knowledge of the psyche, the most necessary behavioral skills, a certain understanding of the problems of practical exemplary upbringing in social life. Therefore, along with relying on ancient traditions, it is useful to listen to the spirit of the time, the breath, the requirements of the century.

Hence, it is necessary to resort to more mixed methods and means in the humane upbringing in the family. The formation of children's personality in the family, equipping them with the most important mental aspects, often depends on the relationship. Adult members of the family, first of all parents, are well aware of the mental characteristics of their children, the right approach to child rearing ensures family harmony, solidarity, kindness and warmth in relationships, spiritual stability. Rough, inappropriate, unpleasant treatment of children in the family environment has a negative impact on their personality and psyche, leaves a certain mark on the world of imagination and impressions, creates a spirit of depression, despair, loneliness in the child's mood.

In the upbringing of a person in the spirit of humanity, it is expedient to conduct in the child as an example of moral education and skills, national traditions, business, business qualities, the formation of mental abilities. The use of real-life examples, fiction, memoirs and memoirs of celebrities, as well as their biographies for the practical application of these educational activities will have a positive effect.

Parents and older family members should instill in boys and girls a warm attitude and sincerity towards folk rituals. In particular, it is necessary to give a clear idea of national holidays, weddings, national wrestling and competitions, festivals and their ways, rules, seasons, times. Involving young people in events held in the neighborhood, with relatives, and with neighbors is a factor of success. At the same time, parents, elderly, adult members of the family should inform young boys and girls about the rules of waiting for guests, setting the table, asking about the situation, greeting, visiting.

It is the sacred duty of the family to instill in the family a sense of respect for adults, parents, relatives, teachers, to instill in the family a spirit of love for the national treasures and monuments created by the previous

generation, based on national traditions, customs, rituals and customs. function. Especially in the family circle, parents and older members of the family are obliged to inform young boys and girls about the environment, nature conservation. One of the most important features of humane upbringing in the family is the upbringing of the individual at work and through hard working ethics. Proper implementation of the division of hard work in the family instills in children a variety of skills and abilities, instills in them a sense of diligence, respect for the working man, appreciation of his work. It is good to inculcate in children the role of industrialism in social life, that it is a source of development and prosperity. Through labor education, children learn that work is a daily necessity, a necessity, and begin to consider work as a social and childish duty.

The magic lullaby of mothers plays a special role in the expression of love and humanity in children. Therefore, every girl should learn to recite lullaby. In turn, grandparents in the family, mothers should teach their growing children to say lullaby. Nowadays, the practice of lullabies is absolutely diminishing. Many of our sisters don't even know how to recite lullaby, and what they say is superficial, uninteresting, and doesn't move a child's heart. It would be a good thing if they returned to the world of the lullabies again with the best of good intentions. Because a child who does not feel the magic of lullaby does not know deeply the beauty of man, the environment, nature. According to our national tradition, the cradle reveals its essence with lullaby, enlightens future scholars, creates pleasant experiences in them, fully meets the rules of cleanliness and tidiness.

In summary, the role of the parent in the proper upbringing of the child, his healthy growth in all respects, physical and spiritual development plays a special role. According to Fitrat, parents should be seriously engaged in the upbringing of their children, but the parents involved in the upbringing of children should first of all have a certain knowledge about the upbringing of children, both of them perfectly perform their duties, parental duties, so that they may "bring up the child physically, mentally, and morally strong, and bring him into the realm of life with a strong, intelligent, and good moral." Hence, the concept of the family and the upbringing of children in it continues to play an important role as it is important and decisive for humanity. Because everyone is born with their eyes open in the arms of their parents, and under their influence they perceive the world around them, speak and learn to behave.

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